## **CENTRE FOR HUMAN RIGHTS**

The Centre for Human Rights is located within the Faculty of Law, at the University of Pretoria. The Centre was established in 1986 and was part of the movement to eliminate the apartheid system of the time. Members of the Centre participated in meetings with the liberation movements outside the borders of South Africa, organised conferences and participated in efforts to promote human rights in South Africa, and, when the transition came, served as technical advisers to both the interim and final constitution writing process. Over the years, the Centre has positioned itself in an unmatched network of practising and academic lawyers, international and national civil servants and human rights practitioners across the entire continent, with a specific focus on human rights law in Africa, and international development law in general.

The activities of the Centre include four continental Master's programmes in HumanRights and Democratisation in Africa, International Trade and Investment Law in Africa, Sexual and Reproductive Rights in Africa, and Multidisciplinary Human Rights; short courses for civil servants and others from all countries of Africa; an annual African Human Rights Moot Court Competition which is attended by the vast majority of law faculties on the continent and the Nelson Mandela World Human Rights Moot Court Competition; publishing the leading publications in the field of human rights law in Africa, including the African Human Rights Law Journal and the African Human Rights Law Reports; and an academic press that publishes leading texts on public law in Africa (PULP).

The Centre has 30 staff members from 15 countries.

For more details on the Centre, visit www.chr.up.ac.za

### THE CENTRE'S CAMPAIGN ON THE RIGHTS OF OLDER WOMEN

The Centre for Human Rights is spearheading a campaign on the rights of older women in Africa. This Campaign seeks to strengthen advocacy around the rights of older women in Africa and to advance State initiatives to ratify the Protocol on the Rights of Older Persons. For more information on the campaign, please contact satang.nabaneh@up.ac.za / +27 (0)12 420 4397.

Visit the #AgeWithRights website to read more about this campaign, and to learn how to call on your government to ratify the Protocol on the Rights of Older Persons. www.chr.up.ac.za/AgeWithRights



## #AgeWithRights Campaign The Rights of Older Women in Africa Centre for Human Rights, University of Pretoria



# Southern Africa Expert Meeting on the Rights of Older Women

'Human rights of older women in Southern Africa: The need for enhanced protection'

> Wednesday 30 May 2018 Graduate Centre L1-72 University of Pretoria









## Southern Africa Expert Meeting on the Rights of Older Women

#### 1. Purpose of the meeting

The Centre for Human Rights, University of Pretoria is spearheading a campaign on the rights of older women in Africa. This Campaign seeks to strengthen advocacy around the rights of older women in Africa and to advance State initiatives to ratify the Protocol to the African Charter on Human and Peoples' Rights on the Rights of Older Persons (Protocol on the Rights of Older Persons). The purpose of this one day expert meeting is to examine the emerging issues on the protection of older women, as well as, discussion on action towards popularisation and ratification of the Protocol on the Rights of Older Persons. Furthermore, the meeting will serve as an awareness raising and knowledge sharing platform on the extent and nature of violation of the rights of older women in Africa. The meeting also places special emphasis on enhancing research and education as part of the 'Strengthening Human Rights Research and Education in Sub-Saharan Africa' (SHUREA) project. The meeting participants will include state representatives and civil society from the region.

#### 2. Background and justification

By 2050, the global population of older persons is projected to more than double its size in 2015, reaching nearly 2.1 billion. Over the next 15 years, this will be a 64 % increase in the population of older persons in Africa. The number of people over the age of 60 is expected to grow from 64.4 million people in 2015 to 220 million by 2050. Women generally tend to outlive their male counterparts despite the cumulative effects of disadvantages linked to gender inequality and will therefore comprise a significant part of this population.

A myriad of legal, social and structural barriers continue to affect the wellbeing of older persons. Experiences of ageing are not uniform, a trajectory of feminisation of ageing is apparent with older women facing a triple jeopardy of sexism, disempowerment and ageism. The combination of urbanisation/modernisation, the feminisation of poverty and the impact and effect of HIV/AIDS across the continent contribute to the gendered ageing experience of women. Older women are more likely to be poor, widowed, without pension or health care, socially ostracised and abused, experience generational conflict and suffer violence in old age compared to their male counterparts. In addition, it is not uncommon for older women to be burdened with caregiving roles in their later years, taking care of grandchildren and sick family members.

Within the African human rights framework, the African Charter on Human and Peoples' Rights (African Charter) and the Protocol to the African Charter on Human and Peoples' Rights on the Rights of Women in Africa (Maputo Protocol) contain a number of fundamental rights that can be applied to older women with article 22 of the Maputo Protocol specifically providing for the special protection of elderly women. Further, on 31 August 2016, member states of the African Union (AU) adopted the Protocol on the Rights of Older Persons. This establishes a legally binding instrument on the rights of older persons. Two years later, five countries have signed (Benin, Comoros, Ghana, Sierra Leone and Zambia), but no member state has ratified this protocol. The Protocol in addition to other numerous rights and protections, specifically addresses issues that affect older women. Article 8 on protection from abuse and harmful traditional practices looks at issues such as witchcraft accusations, which affects the welfare, health, life and dignity of older women. Article 9 on the protection of older women focuses on protection from violence, sexual abuse and discrimination; addresses the need for legislation and other measures to guaranteed protection from abuses related to property and land rights; and the right of inheritance of older women.

As a result of the momentum and interest that has been evident in recent years towards the advancement of the rights of older persons, this makes it an opportune time to call for increased attention on the issue and drive a more robust continental discussion, scholarship and improve legal and social protections for older people. Accordingly, the Centre for Human Rights decided to raise awareness on this issue in 2018 through a campaign.

#### 3. Objectives

The overall objectives of the Expert Meeting are to explore the realisation of the fundamental human rights of older persons, with specific focus on older women; and to facilitate a robust discussion on the popularisation and ratification of the Protocol on the Rights of Older Persons.

Specific objectives of the meeting are:

- Identify and examine emerging issues regarding protecting and promoting the rights of older women, including measures to prevent discrimination, neglect, abuse and violence;
- Evaluate good national and international approaches to widening and deepening the rights of older persons; and
- Elaborate recommendations on how to promote the rights of older persons, with specific focus on the popularisation and ratification of the Protocol on the Rights of Older Persons.

Southern Africa Expert Meeting on the Rights of Older Women 30 May 2018

Programme

Registration 08:00 - 08:30

08:30 - 09:00 **Opening Ceremony** Introductions

**Opening remarks** 

09:00 -10:15 Session 1: Population ageing and the status of older women in Southern Africa: Setting the context

Chairperson of the Senior Citizens Association of Zambia Law Lecturer, **Makerere University** 

**Patience Mungwari** 

Programme Manager

Women's Rights Unit Centre for Human Rights

**Prof Frans Viljoen** 

Centre for Human Rights

Mrs Kufekisa Laugery

12:45 - 1:45

1:45 - 3:30

Lunch break

Session 3: Emerging issues for the protection of the

rights of older women within the framework of the

**Protocol on the Rights of Older Persons** 

Mpani

Director

Dr Isabelle Schmidt Chief Director **Social Statistics** Stats, SA

Ms Roseline Kihumba **International & Regional Policies Corordinator** HelpAge International

Presentation: The multifaceted nature of human rights Moderator: 10:15 - 11:00 in the context of ageing Innocentia

Mgijima-Konopi **Project Manager Disability Rights and Law** Schools Programme

Presenter: Dr. Nhongo Expert on older persons

#### 11:00 - 11:15 Tea break and group photo

11:15 - 12:45 Session 2: The value and importance of the Protocol on Moderator: the Rights of Older Persons Prof Frans Viljoen

Director **Centre for Human** 

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enior Socia	L	W	

Speakers

amang elfare Officer Social Affairs Department African Union

Mr. Vipya Harawa, Clerk, Pan African Parliament

Ms Nthabiseng Lelisa Legal Officer Ministry of Foreign Affairs and International Relations, Lesotho

Ms Roseline Kihumba International & Regional Policies Coordinator, HelpAge International

Mrs Kufekisa Laugery Chairperson of the Senior Citizens Association of Zambia

Moderator: Ms Roseline Kihumba International & Regional Policies Coordinator, HelpAge International

Speakers: Naomi Maloba Directorate of Older Persons, Department of Social Development

Commissioner Malatji South African Human **Rights Commission** 

Commissioner Nomasonto Mazibuko **Commission for Gender** Equality

Gus Trigo HelpAge International South Africa

**Marion Ouma** University of South Africa

Nokuthula Ngcobo Muthande Society for the Aged (MUSA) - Durban

15:30 - 16:30

5:30 Session 4: Plenary on strengthening human rights of Moderator: older women Dr Nhongo

16:30 – 17:00 Closing Ceremony

Video message

Yeung Kam John Yeung Sik Yeun Chairperson African Commission Working Group on the Rights of Older Persons and People with Disabilities

Prof Magnus Killander Centre for Human Rights





## BIOGRAPHIES

#### Lefhoko Kesemang

## Senior Social Welfare Officer, Department of Social Welfare, Vulnerable Groups and Drug Control, African Union (AU)

Mr. Kesemang is responsible for the AU disability and ageing programmes, policy development and facilitation of the implementation of the policies and legal instruments of the AU. Mr. Kesemang participated and facilitated the development of the two human rights legal instruments, that is, the Protocol to the African Charter on Human and People's Rights on the Rights of Older Persons in Africa as well as the Protocol to the African Charter on Human and People's number of a successor policy document to the Continental Plan of Action for the African Decade of Persons with Disabilities (2010 – 2019). He holds a Bachelor and Diploma from the University of Botswana and a Masters in Social Work from the Nelson Mandela

#### Commissioner Bokankatla Joseph Malatji South African Human Rights Commission

Commissioner Malatji was appointed for his second term at the South African Human Rights Commission in January 2017. Advocate Malatji has more than two decades worth of working experience in the public sector. He started his legal career as a Legal Adviser in the Department of Justice from 1977 until 1995. He then moved on to being the Head of Provincial Legal Services for South African Police Services in Limpopo Province from 1995 to 2001.

He made history by being the first black, blind student to be admitted at the University of the North in 1971 and then the first black, blind person to be admitted as an Advocate of the Supreme Court of South Africa in 1977. Advocate Malatji completed a B luris Degree at the University of the North with two awards from Transvaal Law Society for the best Law student during 1972 and 1973. He then went on to complete

his LLB degree with Latin III as an additional course in 1976. Advocate Malatji, during his first seven year term as a Commissioner of the South African Human Rights Commission, was very active in the field of disability rights as this was one of his Focus Areas. At international, regional and domestic level, Advocate Malatji has participated in numerous platforms. In 2014, Advocate Malatji was invited to be part of the United Nations Working Group on the Promotion of the Rights of People with Disabilities (UNPRPD).

Advocate Malatji, has a passion for the promotion and the protection of the rights of people with disabilities. He served as a member of the School Governing Body for Siloe School for the Blind from 2001 to 2007. Advocate Malatji has been a member of Disabled People South Africa (DPSA) since 1991 to date.

Advocate Malatji, during his first seven-year term as a Commissioner of the South African Human Rights Commission, was very active in the field of disability rights as this was one of his Focus Areas. At international, regional and domestic level, Advocate Malatji has participated in numerous platforms. In 2014, Advocate Malatji was invited to be part of the United Nations Working Group on the Promotion of the Rights of People with Disabilities (UNPRPD). Phase 1 of this project was completed in March 2016. During the period of this project, Advocate Malatji secured funds to train Chapter 9 Institution staff on the monitoring and implementation of the Convention on the Rights of Persons with Disabilities (CRPD).

Advocate Malatji's office played a pivotal role in the development of the White Paper on the Rights of People with Disabilities and provided support to the Department of Social Development through inputs, submissions, consultative engagements and a presentation by Advocate Malatji at the launch of the White Paper. Cabinet approved the White Paper in December 2015.

In relation to the Advocate Malatji's work with the Commission, focused on the rights of older persons, his office launched its report on the investigations into the challenges relating to the treatment and abuse of Older Persons. The report focuses on systemic issues that have a direct impact on older persons.

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#### Dr. Isabelle Schmidt

Chief Director, Social Statistics, Statistics South Africa (Stats SA)

Dr. Schmidt is the Chief Director, Social Statistics of Statistics South Africa. This state organization is regulated by the Statistics Act of 1996 and is responsible for the independent collection, production and dissemination of official and other statistics, including the conducting of a census of the population, and for co-ordination among producers of statistics. The vision of Statistics South Africa is to deliver on: The South Africa I know, the home I understand.

Dr Schmidt's primary responsibility is to oversee the production and promote the use of Social Statistics in the country. This includes all statistics produced on gender, vulnerable groups, education, housing & service delivery, tourism, transport, education, governance, public safety and justice. The unit produces statistical

releases based on primary data collected by Statistics South Africa as well as thematic reports that are based on a combination of primary and secondary data sources. In relation to primary data, the Social Statistics division is also responsible for the questionnaire & content development and the editing & imputation systems of three annual and one periodic survey. The annual surveys include the General Household Survey, Victims of Crime Survey, and the Domestic Tourism Survey; whilst the National Household Travel Survey is conducted every five years. Statistics on the elderly is produced by the Gender and Vulnerable Groups Directorate within Social Statistics Chief Directorate. This Directorate annually produces the Vulnerable Group Series and the Vulnerable Groups Indicator reports. One of the primary data sources in South Africa on the socio economic conditions of the elderly is the General Household Survey, which has a time series spanning between 2002 and 2016. In an effort to better measure SDG16 and the general inclusion and equity provisions of the SDG agenda, the Social Statistics Chief Directorate has reengineered the Victims of Crime Survey into the Governance, Public Safety and Justice Survey. As of April 2018, this survey will measure in a three-year cycle, perceptions and experiences related to human rights and discrimination with specific reference to its effects on the elderly and other relevant sub populations.



#### Dr. Tavengwa Nhongo Expert on older persons

Dr Nhongo holds Diploma, Bachelor, Masters and PhD Degrees in Social Work; and a diploma and certificate in marketing and practical NGO management. His PhD thesis was on the theme of The conflict between traditional and legal systems of inheritance after the death of a spouse among black people of Zimbabwe.".

He has worked in the ageing field since 1988, including setting up organizations that work on older people's issues and social protection. He has also developed, managed and trained in, a course on "Ageing and Older Persons in Africa". The course included the process of ageing, issues affecting older people and rights of older people. Since 1999, Dr Nhongo has worked with the African Union (AU) in developing

the first ever Policy Framework and Plan of Action on Ageing for Africa which was endorsed by the Heads of State and Government in July 2002; part of the group that developed the UN Madrid Plan of Action on Ageing, adopted in Spain in April of 2002; and one of the AU experts that drafted the Plan of Action on the Family in 2004.

He has additionally supported a number of countries across Africa to develop their policies on older persons including Kenya, Mauritius, Uganda, Ghana, Zimbabwe and Malawi. He has also conducted numerous trainings on Ageing and Older Persons to organisations and governments in in many countries Africa including in Central Africa, Eastern Africa, Sothern Africa and West Africa

Between 2004 and 2008, Dr Nhongo led the implementation of the HelpAge International's Social Protection agenda for Africa, including organising high level consultations across Africa, the landmark Livingstone Conference and the first ever African Union Conference for Ministers in Charge of Social Development held in Namibia in 2008. The Conference adopted the AU Social Policy Framework for Africa. He also been part of the building of the Africa Civil Society Platform for Social Protection in Africa, chairing the interim board.

He was a member of the Working Group that developed the Protocols on the Rights of Older Persons and People with Disabilities in Africa. He drafted the Protocol on the Rights of Older Persons which was adopted by the Africa Commission on Human and People's Rights (ACHPR) in 2012. The Protocol was subsequently adopted by the AU Heads of State and Government in 2016. Since 2002, Dr Nhongo has been a Board member of the International Network for the Prevention of Elder Abuse (INPEA) and won the Rosalie Wolf Award for fighting for the rights of older people

in Africa. He also serves in the Advisory Council of the Southern African Social Protection Experts Network (SASPEN)..

#### Directorate Older Persons Services Department of Social Development

The purpose of the older persons' programme is to develop policies, legislation and norms and standards for services to older people, monitor the implementation and provide support to service providers.

#### Strategic Objectives:

- To strengthen social welfare delivery through legislative & policy reforms by 2019.
- To create an enabling environment for protection and promotion of the rights of older persons.

#### Functions:

- Develop, review and monitor the implementation of policies, legislative frameworks, strategies and guidelines on the provision of services to older persons.
- Conduct capacity building programmes on older persons policies and legislative frameworks
- Conduct research on older persons issues to inform policies, programmes and legislative frameworks for services to older persons
- Design and facilitate the implementation of programmes, strategies and guidelines on provision of services to older persons
- Promote care, protection and the rights of older person
- Monitor provision of services to older persons.



### Ms Nomasonto Mazibuko

Commission for Gender Equality (CGE)

Commissioner Mazibuko, an educator, has worked for the Department of Education for a period that spreads over three decades. She devoted her life to fiercely advocating for persons with albinism in South Africa and throughout the African continent. Inspired by the spirit of Africanism, she founded the Albinism Society of South Africa (ASSA) and the Pan African Albinism Alliance (PAAA). Her advocacy has ensured the recognition of persons with albinism by the United Nations by declaring June 13 as International Albinism Day. Her passion for disability rights resulted in being appointed a member of the Presidential Working Committee, the National Disability Policy review panel as well as several boards and initiatives in support of social justice. Examples of these structures are:

- The Panel of Arbitrators for Non-Profit Organisation undersigned to the Department of Social Development where she acts as chairperson;
- The Department of Arts and Culture where she is a Social Cohesion Advocate;
- The Section 11 Committee on Children's Rights and Rights of persons with disability for the South African Human Rights Commission; and
- The Platform of Champions where Nomasonto leverages and amplifies the work undertaken, to achieve United Nations Sustainable Development Goal 8.5 on equal pay for work of equal value between men and women globally.

Nomasonto Mazibuko acquired a range of qualifications enabling her to respond competently to the demands of her journey thus far:

- Primary Education teachers diploma (Eshowe Teachers Training)
- Conflict Resolution Diploma (Vista -UJ)
- Project Management (Wits)
- Advance Educational training (UCLA)



#### Mrs. Kufekisa Laugery Chairperson of the Senior Citizens Association of Zambia

Born 7 January 1942, Mrs. Kufekisa Laugery was the first woman Zambian retired journalist and public relations expert. She is a farmer and active in organizations dealing with livelihoods and education in the community. Mrs. Laugery is the chairperson for the Senior Citizens Association of Zambia amd has represented the organisation at International fora on Issues of ageing and HIV/Aids. She has been actively engaged in planning, organizing, monitoring and evaluation of projects focused on skills training programs and empowerment of senior citizens.



#### Marion Ouma

## Doctoral Candidate, Archie Mafeje Research Institute, University of South Africa (UNISA)

Marion Ouma is a doctoral candidate at the Archie Mafeje Research Institute at University of South Africa (UNISA) where she is conducting her research under the South Africa Chair (SARChI) in Social Policy. Her current research interests are in social policy, social protection and policy-making. Her qualifications include BA (Hons), Sociology and German, and MA (Sociology) both from University of Nairobi. Her Master's thesis examined the impact of cash transfers on the lives of older persons living in a slum in Nairobi. Prior to her PhD studies, Marion worked at the Africa Platform for Social Protection (APSP) and HelpAge Kenya and HelpAge International both in Nairobi where she promoted social protection policies and programmes for vulnerable groups including children, persons with disabilities and older persons.

#### N N D 20 G G in or ar

#### Nokuthula Ngcobo Mutande Society for the Aged (MUSA) - Durban

Nokuthula Ngcobo is a qualified Social Worker who holds a four years Bachelor's Degree in Social Work. She recently joined Muthande Society for the Aged in the year 2018 where she works as a Social Worker, focusing on three pillars, i.e., Case work, Group work and Community work. Muthande Society for the Aged was established in the year 1976 and was formally registered as an NPO in the year 1982. The organization was formed by a group of women who were professionals in the health and social welfare sector after it was discovered that there was a high rate of neglect of older persons in townships. The mission of Muthande Society for the Aged is to improve the quality of life of older persons in their homes, within the community, to ensure that they live as independent members of society.

As Social Workers within the organisation, it is our duty and responsibility to ensure that we identify cases of abuse and neglect and ultimately restore the dignity and human rights of older persons



#### Prof. Frans Viljoen Director, Centre for Human Rights Faculty of Law, University of Pretoria

Prof. Frans Viljoen holds the degrees MA, LLB and LLD from the University of Pretoria, and an LLM from Cambridge University. He is a professor of law and Director of the Centre for Human Rights in the Faculty of Law at the University of Pretoria. His research area is international human rights law, with a focus on the African regional human rights system. He has been involved in advocacy and training on the African regional human rights system, and published widely on international human rights law, including International human rights law in Africa (Oxford University Press, second edition, 2012). He is editor-in-chief of the African Human Rights Law Journal and co-editor of the English and French versions of the African Human Rights Law

Human Rights and Democratisation in Africa, presented by the Centre, in collaboration with partner law faculties across Africa. He has been involved with advocacy campaigns and litigation before the African Commission on Human and Peoples' Rights.



#### Gus Trigo HelpAge South Africa

Gus Trigo is a social communication specialist. He has been involved with HelpAge International since 2006. In South Africa, Mr Trigo developed a communication strategy for this organisation to contribute to raise awareness and promote the rights of older persons in the region.

The past two years, Mr Trigo has been working closely with the Department of Justice contributing to develop a new justice model that aims to bring justice to older persons in a much age friendly way. He has been seconded to this Department where he contributed to the organisation of the first national dialogue for older persons where representatives of older persons from the nine provinces met with official of key stake holders of the justice system in South Africa to explain the difficulties and challenges they face when coming to justice in search of protection. The results of this important event will be reflected in the new approach of an age centric justice system in South Africa.





#### Patience Mungwari Mpani Programme Manager, Women's Rights Unit Centre for Human Rights, University of Pretoria

Patience Mungwari Mpani is the Women's Rights Unit Programme Manager at the Center for Human Rights at the University of Pretoria. She is a women's rights activist, driven to improve the lives of women and girls by eradicating, gender inequality and other human rights abuses that pose a constraint to achieving a dignified and fulfilled existence. Her research interests are in sexual and reproductive health rights, gender based violence and women's participation in social movements. She holds a Master of Philosophy in HIV/AIDS and Society (2009) and a Bachelor of Social Science Honours Degree in Gender and Transformation (2006), both from the University of Cape Town and A Bachelor of Arts with Education from Africa University in Zimbabwe. She is currently pursuing studies towards a PhD in Sociology.

#### Mrs. Roseline Kihumba International & Regional Policies Coordinator HelpAge International, Africa Regional Office

Mrs. Roseline Kihumba has over ten years' experience in international development and exposed to in-depth international development and program/project issues within inter-disciplinary and multi-cultural contexts. Roseline has worked in a wide range of sectors including health, network development, social protection, rights and discrimination, emergencies, advocacy and policy influencing while working with diverse vulnerable groups and a wide range of stakeholders including government ministries, Africa Union, International NGOs and national and local organizations. Roseline has actively engaged the Sustainable Development Goals, data revolution, UN convention for older people rights and AU human rights debates at national,

regional and international levels sharing and shaping the age inclusion while providing technical capacity and facilitating older people and their supporting institutions to engagement at all levels. She holds a Master in Development Management, a Master in Communications studies, and a Bachelor degree in Agriculture and Home Economics.



### Innocentia Mgijima-Konopi

#### Project Manager, Disability Rights and Law Schools Programme

Ms. Innocentia Mgijima Konopi holds a Masters in Law degree in International and Comparative Disability Law and Policy from the National University of Ireland, Galway and an LLB Honours degree from the University of the Witwatersrand in South Africa. She is currently the programme manager for the Disability Rights Unit at the Centre for Human Rights, University of Pretoria. She has published in the areas of disability rights including the right to access to justice; inclusive education and legal capacity. She is an admitted advocate of the High Court of Zimbabwe.



#### Ms. Matlhohonolofatso lelisa Legal Officer,

#### Ministry of Foreign Affairs and International Relations, Lesotho

Ms. Matlhohonolofatso lelisa is the Legal Officer responsible for the African Union and United Nations human rights systems, Ministry of Foreign Affairs and International Relations, Lesotho. She was born in Maseru, Lesotho.

She has a Bachelor of Laws (LLB) with the National University of Lesotho. In 2016, she obtained a Master of Laws (LLM) in Human Rights-Sexual and Reproductive Rights in Africa with the Center for Human Rights, University of Pretoria.

Ms. Lelisa has experience working as an advocate of the Courts of Lesotho, as well as, over eight years of experience working on international human rights law. Her research experience includes drafting and compiling of National Human Rights State

United Nations. Over a period of seven years, she had been interacting with the African Commission on Human and People's Rights and its special mechanisms. She also has experience in organizing human rights trainings and workshops, popularizing national laws with human rights content, through awareness raising campaigns. Since 2009, she has been a deputy chair of the Inter-Sectoral Committee on Human Rights, which oversees the implementation of Lesotho's international obligations under human rights.

Her research interest focuses on women and adolescents reproductive rights including contraceptive services, access to safe abortion, sexuality education, HIV/AIDS and reproductive rights as well as strategic litigation of the right to health.



How can the Rights of Older Women be protected?

### Help promote and protect the Rights of Older Women today!

- Commit to healthy ageing by ratifying and implementing the Protocol on the Rights of Older Persons.
- Foster inclusive policy development that promotes the rights and well-being of older women, taking into consideration their specific vulnerabilities while recognising their agency.
- Create an enabling environment through actions that combat ageism, enable autonomy and support healthy ageing in all policies and at all levels of government.
- Conduct research on the welfare of older persons to inform research based policies and interventions.
- Join the #AgeWithRights campaign and call on your country to ratify the Protocol on the Rights of Older Persons.





## **#AgeWithRights**

Protecting the Rights of Older Persons in Africa, with a special focus on Older Women



Visit the #AgeWithRights website to read more about this campaign, and to learn how to call on your government to ratify the Protocol on the Rights of Older Persons.

## www.chr.up.ac.za/AgeWithRights





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