

O tshwaeditsweka HIV?

O santse o na le ditshwanelotsagago!



Kwabookelong

Tlhatlhobo e tshwanetse e dirwekaithaopomme o kagana go tlhatlho biwa.

O tshwanetse go dirathobomaikutlopele o tlhatlho biwakgotsafa o sena go amogeladipholô.

Badiramogobabookelogabatshwanela:

- Go gotshola go yakaseemosagagosa;
- Go gotshola go farologana le babangwekantlhayaseemosagagosa HIV;
- Go senolaseemosagago go mongwekwantlegatumananoyagago, go akaretsa le mothopiwa-gago.



Kwatirong

O na le tshwaneloyabophirimme o gapelet-sekemolao go senolaseemosagagosa HIV mogo mothapiwagago.

Mothapikgotsayo o tla bang mothapiga a tshwanela:

- Go gokgethololakamokgwa o osaitekanelang-kantlhayaseemosagagosa HIV;
- Go gana go goneelathapokantlhayaseemosa-gagosa HIV;
- Go botsadipotso go tlhotlhomisa gore o na le HIV/AIDS;
- Gore gotlhokega gore o dire tlhatlho boyahIV, pelegathapokgotsakanakoyathapo.

Go diratlhathobokwatirong go letleletswefafela gosaitsagale, e le kaithaopomme le tumelanoyagago fitlhetswe.

Ga o kitla o kobiwakwatirongkantlhayaseemosa-gagosaHIV ekabafeelafammelewagago o satlhole o kgona go dirammeditsamaisotse di itekanetseng di tlalatelwa.



Thusoloago

Mo tiragalongya gore mmelewagago o satlhole o kgona go dirammega o kgone go tsenyaletseno la gago, o flatshwanelake go fitlhelathusoyatšhelelego tswakwapusong.

Lefapha la Katlaatlololoago le tla go neeladitshwanelofa o na le paloya CD4 e ekwatlasega50 le tshwaetso e ebonolotota. O santse o kaletlelelwa le fa o safitlhelelamaemo a felaga o satlhole o kgona go dira.

Ditlhokegoketse:

- 1) O tshwanetse go bamoagiwaAferikaBorwa
- 2) O tshwanetse go ba le raporotoyakalafi e enete-fatsangkemoyammelewagago
- 3) Gaoa tshwanela gore go nne le mongweopewaleloko la lelapa la gagoyo o ka go tlamelang
- 4) Gao a tshwanela gore o nnekamomeagongyapusekaokgolegongkgotsaSentarayatlhokomelo le kalafi
- 5) Gao atshwanela go bamoamogediwathusoyaloago

O tshwanetse go tlhagisamakwaloaalatelang:

- 1) Lekwalokao(ID)
- 2) Sesuposaletsenokgotsaletlotlo(maruo) – go akaretsa le tsamolakanewagago
- 3) Sesuposakemonyalo
- 4) Lekwalo la ngaka
- 5) Le rekorotongwe le ngweyakalafi.

Wenakgotsamongweyo o dirangmoboemongjwagago a kadirakopokwaLefapheng la Katlaatlololoagokgotsadi- ofisingtse di gaufitsadipešene(lebafafatshedintlhatsaof isi e egaufiyaHammanskraal)Gantsi e tsayadikgwedidi le tharo gore kopoyagago tseletsewe. Gopola gore kitsisoyagaoyotlhe e tlabakhupamarama.

Kitsiso ya HIV:
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Mekgatlho	Mefuta	Ditirelo	Aterese	Kamano
Botshelong Community Counselling and Information Centre (Porefensiya Gauteng)	E esengyapuso	Thobamaikutlo, phatlalatsoyakitsiso ya HIV/AIDS	1810 Rockville Street Hammanskraal 0400	Ms Mimi 012 717 6050
Jubilee Moretele Sub-District HIV Office (Porofensiya Bokoni – Bophirima)	Puso	Ditirelotsakalafi	Private Bag X 454 Hammanskraal 0400	Ms T Sentle and Tilly Daza 012 717 2079 012 717 4144 Cell: 082 827 9375 Cell: 073 0531 503
Kanana Development Centre (Porofensiya Gauteng)	E esengyapuso	Tlhokomelo le tshegetsoyabathobaobatsywaeditswengka HIV/AIDS	1659 Kanana RDP Hammanskraal 0400	Pastor Ikaba 073 082 6592
Lefapha la tsa tlhabololo amatshelo a batho	Puso	Kitsiso la thusoloago		0800 601 011
MandisaShiceko Clinic (PorofensiyaGauteng)	Puso	Ditirelotsakalafitse di neelangkaditirelotse di maleba le HIV/AIDS	60 Old Warmbarth Road Hammanskraal 0400	Sister Maluleka 012 711 3906
Refentse Development Centre	E esengyapuso	Ditirelotsathokomelo le tshegetso go babaamagilengka HIV/AIDS; Setlhophatshegetso le Thutoselekane	947 Refentse Extension Hammanskraal 0426	Rre Philip Mailwane 084 713 5993
Sun Glory Home Based Care (Porefensiya Gauteng)	E esengyapuso	Tlhokomeloselegaele Setlhophatshegetso	Kanana Plot 2 Jubilee Road Lehwelereng Hammanskraal 0400	Annie Matjeke 076 626 5576
Thusanang Against HIV/AIDS	E esengyapuso	Tlhokomeloselegae le ditirelotsatshegetso go bathobabatsywaeditsweng le babaamagilengkaHIV/AIDS	Kekanagardens Village-Hammanskraal 0400	Kekana Coordinator 072 5334 680
University of Pretoria Legal Aid Board (Porofensiya Gauteng)	E esengyapuso	Thusosemolao	Private Bag X 10 Hammanskraal Campus 0400	Mr Breedt (Mueledi-mogolo) 012 711 0921
Wellness Clinic Jubilee Hospital (Porofensiya Gauteng)	Puso	Kalafiyathibeloketegelo (ART); ithaopoyathobomaikutlo le tlhathobo (VCT); thibeloyaphetsoyammagwengwana go gwaneng (PMTCT) le kalafothibeloyamoragogakgonagalotshwaetso (PEP)	Jubilee Road Hammanskraal 0400	Ms Losi Molaodi 012 717 9424 012 717 9430
Thulani Mvula	E esengyapuso	Kitsiso ya maphatla a tshegetso	Hammanskraal	078 105 0527

Kitsiso ya

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